

Companions, Inc.



Paws for a Cause since 1986



The Tailwagger



May 2025

Fairbanks, Alaska

Letter from the editor:

Hi my Companions friends!

Recently I heard from one of you how much they enjoy the Tailwagger — but that they only look at the pictures! While we try to fill the newsletter with many fun photos of you and your dogs, the Tailwagger is also important in that this is how we share upcoming events, reminders of best practices, calls for visits or help or ideas. **Please don't just look at the pictures!**

And while I am nagging you, **PLEASE report your hours.** This is now very easy to do on our website. You may wonder why this is important. Most of all, it shows how many visits we are doing and where, so if any areas are being neglected, we will know and can direct you there. In addition, having a record of all the hours we all put in is useful when we are applying for funding, which is something we continually need to do. So please report your hours on the website.

The other thing this does is show us who is NOT visiting. There appear to be several of you who are not visiting at all. We encourage you to start. **If there is a reason you can't visit, please let us know.** We want to be sure all our members are comfortable visiting, and we will find ways to help you any time you need it!

One last note: we do appreciate your letting us know if your dog passes. We want to honor them all.

PET AWARENESS DAY



May 10, 2025

OK, that time has arrived! Next Saturday is PAD!

Most of you have signed up for one or hopefully several slots to help on Saturday. A few things to remember:

We start setting up at 9:00 at the Fairgrounds and need as many of you as possible. We have over 200 items for the huge Silent Auction, so all these need to be set out, labeled and arranged before the doors open at noon. Food needs to be cooked. Balloons need to be blown up. Come help us!

We also need lots of bodies to help out with tasks that pop up during the event. Please bring friends or family to help, and they can stay for the fun and lunch!

Please be on time for any shifts you signed up for.

Remember, unless your dog is taking the CGC test, DO NOT BRING YOUR COMPANIONS DOGS TO THIS!

And yes, rain or shine, this will be the best of many events happening in Fairbanks that day!

FAIRBANKS

50+ *Join us for a* Healthy Living Summit

ART & SCIENCE OF AGING

Friday, May 9th
8:30am-4:30pm

Carlson Center
2010 2nd Avenue

Sponsored by:

FOUNDATION HEALTH PARTNERS

AARP Alaska

Age-Friendly FAIRBANKS

Free classes, demonstrations and resource fair on healthy living as we age in Fairbanks

40 Exhibitors on healthy living and more!

Free Classes throughout the day

Demonstrations

- Strong People
- Adaptive Gardening
- Brain Games
- FNSB Book Mobile
- ICHC Mobile Clinic
- Yoga

Plus!

AARP Shred Event! Free document shredding
8:30am-2:30pm

Alaska Health Fair Screening Event
8:30am-2:30

Don't Miss!

Thursday, May 8th

FNSB Senior Recognition Luncheon
10am-1pm registration required

Register at www.fnsb.gov/1193/Senior-Programs or call 907-450-1070

For more information and pre-registration links:



www.foundationhealth.org/fbx50plus

50+ Art and Science of Aging

Here is a great opportunity for our Companions, Inc. volunteers to spread the cheer. Foundation Health Partners is holding an event called "50+ The art and Science of Aging" on **May 9 from 8:30 AM until 4:30 PM.**

Companions, Inc. volunteers are invited and encouraged to show up anytime during the event which will be at the Carlson Center. There will be a health fair which we are asked to circulate through, and a vendor area in the main hall.

Just show up and wander around with your animal. Please wear your blue shirt and have your dog in its bib. Put some business cards in your pocket to hand out. The area is very large so there is room for plenty of us.

Don't forget to log your hours!

Companions Fashion!

Our lovely models Kristi Davis and Katia model our standard T-shirt and dog bib which you are given when you and your dog have passed all the requirements to become Companions. However, it has come to our attention that not all of us like the one-size-fits-all boxy T shirt that we provide and you would prefer to buy your own blue shirt. This is fine as long as it meets a few basic requirements: the color must be Cobalt Blue or whatever the company has that is closest, but a nice bright blue. There must be our logo on the front and larger logo on the back. Long or short sleeve as you prefer.

After you buy your own shirt, you can get these printed at The Great Alaska Shirt Company, 2421 Hill Road, phone (907) 474-9446. They have our logo ready to print. You will need to pay for these yourself.

No substitutions for the dog bibs, which we buy and give to you. Your dog must wear the bib any time you are visiting any of our sites representing us, and not at other times.



What have our Companions teams been up to the last few months?

Made dog and cat toys with kids
at the North Pole Library



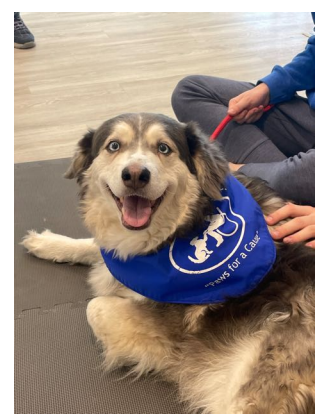
Visited Health Fairs in Salcha
and Two Rivers



Meet & Greet with old friends & new at the Pioneer Home

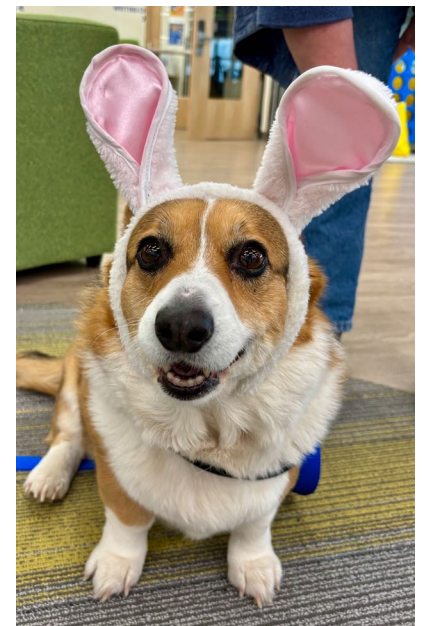


Two Read to a Dog events at North Pole Library
(next one is this month — sign up!)



Companions dogs are beloved at UAF!

We continue to visit the new Student Success Center on the 6th floor of the Rasmuson Library twice per month during the school year. Keep watching our notices; they just might set up monthly visits during the summer! We also visited during Finals Week, which is popular every semester. And recently we were invited to bring our dogs to visit the new Veterinary School at UAF. Who said dogs can't go to college?!



Welcome to our new members!



Left:
Laura Winther
and Tango

Right:
Kelly Ahern
and Aramis



SAW THE MAILMAN.
BARKED.



SAVED THE WHOLE HOUSE.
YOU'RE WELCOME.
@riley_theminidachshund

Money can buy a lot of things,



But it doesn't wiggle its butt
everytime you come in the door

Board Members:

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katelamal@gmail.com
Text (907) 388-7102

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Pam Sprout

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Fairbanks Memorial Hospital
Volunteer Services,
Tamara Stumpf (907) 458-5599

Companions, Inc.

PO Box 73601
Fairbanks, Alaska 99707
(907) 687-4247 call or text